

What ते प्राप्

The Golden -rod --- Simple, hardy, everyday flower; full of Sunshine and

DOWNER OF

League, Pland Beige jan Bada em

good-cheer, adding brightness
to the Dusty, Common paths of
life" should it not be adopted as our national American flower??



side is larger than the right; while a few people have larger right hand and hip, though their left feet are the larger. If you carefully watch yourselves, boys and girls, standing squarely on both feet, learning to tread with equal firmness on both feet, and to work and write and both feet, and to work and write and sow with the left hand as well as the rolls of the widdle for the widdle for the widdle of the widdle o

sew with the left hand as well as the nails of the middle fingers grow faster than the other finger nails.

Take good care of your bodies, boys and girls, and give them a chance to become as perfectly proportioned as nature intended they should be.

Curiosities About the Way Boys' and Girls' Bodies Grow



These bodies of ours-what wonderful things they are!

Has any one ever talked to you boys and girls about the remarkable manner of your own growth, gradual but cease less, from the big-headed, short-legged baby that you were, into the correctly proportioned men and women that you expect some day to become? Why, there is nothing more marvelous under the

This growth is constantly changing you, and yet the changes are so gradual and systematic as to be almost imper-

One odd thing is that while many of the relative proportions of different parts of the body vary from time to time as your growth goes on, your ears never change their relative size. They are always twice as long as your eye is wide. They were so when you were a baby, and will be so when you are grown.

Your feet and head, on the other hand, vary in their proportionate size all through the period of your growth.

Look at the picture above and note a for the three boys. The youngest boy's foot measures considerably less than the length of his head; the foot and head of the ten-year-old boy are equal in length; while the foot of the eldest lad is decidedly longer than his head.

During babyhood the head is out of all proportion to the rest of the body; it occupies, in fact, one-quarter of the total of the total of the three youngest boy's large at birth, your head does not grow as a rapidly as the rest of your body, and by the time they are grown, if they are well proportioned, their bodies and legs together will have increased to seven and a half times the length of their heads.

So, suppose you measure yourselves carefully to-day, boys, and see whether body.

Babies' bodies, in the early stages of the first three years of his life a child's legs double their original length.

striking feature about the heads and feet length of the body. Being already so growth, measure three times the length of the three boys. The youngest boy's large at birth, your head does not grow of the head, but by the time they are

At that rate you can imagine how long your legs would be at nine or twelve years of age! You would be as tall as that boy on stilts! And your legs would be your stilts! Wouldn't you be an awful sight, though? And imagine how you would look at the age of twenty! You would not need any seven-league boots.

his little friends, especially to his little

The following letter from India was ad-

dressed to his little niece, Gertie. It may

be found in a recently published book

Jeypore, January 7, 1882. My Dear Gertie—I wish you had been

with me here yesterday. We would have had a beautiful time. You would have

had to get up at 5 o'clock, for at 6 the

carriage was at the door, and we had already had our breakfast. But in this

country you do everything you can very early, so as to escape the hot sun. It is

very hot in the middle of the day, but quite cold now at night and in the morn-

The town is all painted pink, which

nakes it the queerest-looking place you

ver saw, and on the outside of the pink

louses there are pictures drawn, some of

hem very solemn and some very funny.

which makes it very pleasant to drive up

the street. We drove through the street

which was crowded with camels and ele

phants and donkeys, and women wrapped

how the girls at school will admire you.

Well, we drove out the other side of

dred years ago when they built this. The

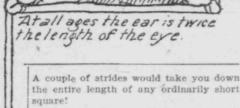
priest told the rajah, or king, that they

years in one place, and so, as the old

An Elephant Ride.

The hills around are full of tigers and

called "Children's Letters."



the entire length of any ordinarily short

But nature has provided against such an alarming result by lessening the rate of growth of our limbs in proportion as

we grow older. Between babyhood and grown-upness,

while the trunk of your body increases three times, your legs should increase to five times their original length. The legs. however, sometimes miss the mark-some people's legs growing longer than they should, and other people's legs stopping short before they have reached the proper length. This is what makes some people look wrongly proportioned, and not anything about their heads or trunks Boys and girls grow in somewhat differ-

ent proportions. Girls, for instance, should, when full grown, measure in body six and a half times the length of their heads, instead of seven and a half. This rule does not apply beyond the Anglo-Saxon and Latin races, however. The Japanese, for instance, from their custom of sitting on their feet, have de-

veloped longer trunks and shorter legs than we have.

Perhaps you have been told that very few people develop equally in their right and left sides. Most people have larger

THE PICTURE PUZZLE.

In the picture puzzle you see a diagram showing the layout of the various shafts and tunnels of one of the great De Courriers mines in France, where the dreadful disaster accurred some months ago that caused the death of several hundred poor miners.

The diagram shows where the mouth or

ntrance to the mine is located. Now, some of the miners happened to e at the point marked A at the time the accident occurred, and later succeeded in reaching the mouth of the mine safely. The puzzle is: How did they do it? That is, what route did they take to reach

the mouth of the mine? The cross-lines barring some of the tunnels show where ruins had fallen and miners had to avoid all these obstruc

See if you can trace with a lead pencil the route they followed and escaped by.

Puzzle of Four Cities.

- x - - -- - X -- -- - - X - - x - -_ x _ _ _ _ - - - X

Arrange four lists of geographical ing the initials downward you will find places in squares, as indicated in the dia- the name of a city which suffered from gram. Place a large letter S in the cen- an earthquake August 21, 1886. ter between them all, and counting it as the first letter, read the star letters radiating from it. They will spell four different cities in the Western States.

(N. B.-Every word in the four squares

Guess the geographical names from the ollowing descriptions: (1) The capital of Colorado.

The chief lake port of Minnesota. A famous preparatory school town in Massachusetts.

County seat of Osceola County, Iowa.

A city in Illinois. A college town in Wisconsin. (2) A Michigan lake port named for a A shoe town in Massachusetts.

The Hub city. A town in Hillsboro County, N. H. President McKinley's home town, A Texas city on the Rio Grande.

(3) A city in Washington.
The starch city of New York. The country south of the Rio Grande, The county seat of Morton County,

N. Dak. A college town of Pennsylvania. A county in Northwestern Pennsyl-

The capital of New York. A Mississippi port of Iowa.

A brewery town of Illinois.

A penitentiary town of New York. A city in Texas.

Make a chain of words, each word in the chain beginning with the last syllable of the preceding word. The words are all six-letter words and each syllable has X three letters.

Example-A recluse (her-mit), a cov-- - X - - ering for the hand (mit-ten), a ligam at (ten-don).

1. Frankness; a small window; a fabled seaman; brave; props for levers; mouth of a volcano; great fear. 2. The strongest man; a little poem; lower; pertaining to herbs; stage danc-

ing; an epistle; great fear. Single Acrostic.

Set the following-described geographical names down in a column and read-

The metropolis of the West. The capital of the Keystone State. The metropolis of the new South, An important city of North Carolina.

The capital of Nebraska.

The seat of Lafayette College, The oldest city in the United States. An important city of Washington. The metropolis of Nebraska. The greatest city in the Western Hem-

SAL AND JAME



Now Jane, who lives across the way, Now Jane, who lives across the last very rarely cross. She lost her temper once, I know-No very serious loss!

'Twas over in a mement; then She said, 'midst smile and tear, With face uplifted for a kiss:

"I'm sorry, mother dear."

POLITENESS IN BOYS.



instinctively one of the group stooped and And amiable words and courtliness picked it up for the lady, but turned away And the desire of fame and love of truth almost before she could say thank you, And all that makes a man." with the air of being half ashamed of his as the great poet Tennyson says.

was about to say, "No," when she recog-nized the little fellow's face. He was her friends wherever he goes.

ness and his thoughtfulness for the com-fort and convenience of others gain him friends wherever he goes.

up like bundles and men chattering like monkeys, and monkeys them-selves, and naked little children rolling in

One would think that politeness was not as hard to learn as decimals or history dates, but boys—I say it sadly—boys find

Roughness to Sisters.

I have known girls who were not any the diagram. too polite to their bromers, and there may boys should remember that girls are girls, any of the smaller balls. and are to be treated as such, and not as targets for missiles or as try-yourstrength machines.

Girls are more delicately framed than boys, and boys ought to consider themselves the girls' natural protectors and champions. Some boys do. All honor to them! But I have seen a girl's arm upon which every finger-mark showed where her brother had gripped her in his rough play. Well, that is where play ends and hurt begins. Mind, I am talking about politeness, not about cruelty. The boy who treated his sister as though she were another boy did not intend to be cruel; he was only rough. But the polite boy, although he may be rough with a big, strong, healthy dog, is never rough with

ually easy to raise one's hat, but it is not put the bail back into its original position, sacrifice goats instead, and now they give

Politeness pays, boys.

At all easy to carry the spirit of thoughtings and evenings. Well, as we drove fulness and kindness and courtesy into the linto the town (for the bungalow where with ner own eyes the other evening. A lady who had just purchased an evening paper from one of a group of newsboys, accidentally dropped it. Immediately and

True Politeness.

The next day, the same lady, walking But the truly polite boy has a great pull down the street, was greeted with the over the rough-mannered boy. His kindusual inquiry, "Have a paper, lady?" and ness and his thoughtfulness for the com-

gentleman of the evening before! She If I see a boy run to get a chair for his the dust, and playing queer Jeypor smiled, changed her "no" to "yes" and mother when, at length, she finds time to games. All the little girls, when they said she hoped she should see him again.

On this occasion politeness paid the newsboy to the extent of a cent. But if he cultivates the instincts of a gentleman which God endowed him with he will which God endowed him with, he will from her at the street corner; if I see a some day find his politeness paying him by lift his little kiddy brother across the such as the smaller children wear. Think to the extent of—who can guess how mud-puddles, instead of dragging him much? Perhaps a million dollars.

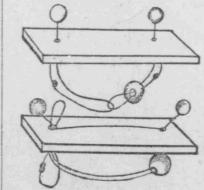
A gentleman talking on this very sub-A gentleman talking on this very subject of politeness in boys, the other day, when he has some cause to think he is the queer pink town and went on toward the old town, which they deserted a hunright, I say to myself:

That boy will make a MAN!

Board and Ball Trick. the task of being polite to their sisters, their elders, and their comrades one of other thin board about five inches long five miles off, with only a few beggans and cut two small holes in it. Then ar- and a lot of monkeys for inhabitants of range the strings and balls as shown in its splendid palaces and temples. As we

the diagram.

The trick is how to get the large ball off full of peacocks and all sorts of bright be faults on both sides. But even at home the string without untying it or removing winged birds, and out of the po streams the crocodiles stuck up their lazy Push the ball close up to the right hand



which had been captured only about a month and were very firece. Poor things: When we came to the entrance of the old town, there was a splendid great elephant waiting for us which the rajah had sent. He sent the carriage, too. The elephant had his trunk and head beauti-fully painted, and looked almost as big II Rays, raise, raze. V Tear, tier. as Jumbo. He knelt down, and we climbed up by a ladder and sat upon his back and then he toiled up the hill. I am afraid he thought Americans must be very heavy, and I do not know whether 2. Cardelia hole and pull the right loop of string as far toward the left hand hole as it will come, then pass the loop through the hole and over the left ball, as indicated in the second diagram. This will cause the two loops to separate, and then the ball will come off with ease.

Reversing the operation you can easily used to sacrifice men to her, to make her happy and kind. But a merciful rajah stopped that, and made them used to sacrifice sears instead and now they give the put the ball back into its original position. he could have carried you. Behind us, as

heads and looked at us.

A CHARMING LETTER FROM INDIA.

he wrote long, lovely letters to some of sacred long-tailed monkeys running over

All children who knew him, dearly loved Bishop Phillips Brooks, and, although he had no little sons and daughters of his own, he dearly loved children.

Whenever he went away on his travels he wrote long, lovely letters to some of



Answers to October 28 Puzzles, Conundrums,

. When crusty. When cut short

3. They have to scratch for a living. 4. A pillar. nyenas, but they do not come down to the 5. One draws fowls; the other cooks own, though I saw a cage of them there them.

> Simple Addition. O. do, old, sold, holds, should, hold-ups, Similar, But Not the Same. Doe, do, dough. IV Sees, seas, seize.

> > 9. Antipholus

VI Bare, bear. Characters from Shakespeare. Sir John Falstaff. 3. Ferdinand 5 Hamlet 7. Desdemona

Word Squares. 11. I D Y L 1. REST

Geographical Puzzles. Wheeling, Little Rock, Constance, Charlette, Helena, Canton, Auburn, Cayenne, Tiffin, St. Lawrence, Seine, Chad, Cheviot,

Morocco.

Queer Wager. A little boy said to his sister the other "I bet I can coax you to set fire to

'Well, I just guess you can't!" she ried, scornfully, 19d. scormuly.
"What do you bet?"
"You are silly, of course you cannot;

vay should I bet anything?" Well. I'm w'long to wager my new jack snife."
"All right," laughed she. "I'll wager my
Paris doll you cannot." Then the boy

began:

"Please, see fire to your dress! Please, please do!" "Are vou tired?" asked his sister, at

"Well, I've wen my bet all right; I said that I could coax you to do it, and I have," said the boy. And now that hielder and sister are trying to decide the bet. And he is won-doing if he wasts the dell, and she is wondering if she wants the jack-knife,